

DT CARES 2025 IMPACT REPORT



DT Cares exists to support young people and families by providing mentorship, wellness programming, and identity building experiences that are culturally grounded and community centered.

Rooted in lived experience and strong partnerships with schools, families, and municipalities, our work focuses on creating consistent, accessible spaces where youth feel seen, supported, and empowered to grow.

In 2025, DT Cares continued to deepen its impact by meeting young people where they are and delivering programming that prioritizes the whole child and long term community stability.

— 2025 BY THE NUMBERS —

650 YOUTH SERVED ACROSS SCHOOL BASED AND COMMUNITY PROGRAMS.

In 2025, DT Cares reached approximately **650 young people** through school partnerships, community based programming, weekly free Saturday classes, and initiatives across **East Hartford, Windsor, and other communities throughout Connecticut**. This includes consistent weekly engagement as well as targeted programs **designed to meet youth where they are**.

5 KEY SCHOOL AND COMMUNITY PARTNERS

DT Cares partnered with schools, municipalities, and institutions to expand access and align programming with community needs, including:

**EAST HARTFORD • WINDSOR • GLASTONBURY •
CENTRAL CONNECTICUT STATE UNIVERSITY •
AMERICAN INTERNATIONAL COLLEGE**

PROGRAMS DELIVERED: 4 CORE PROGRAMS

DT Cares delivered the following programs throughout the year:

**MORE THAN AN ATHLETE
BE WHO YOU NEEDED SUMMER PROGRAM
COMMUNITY SATURDAYS
LEADERSHIP SUMMIT**

Each program was intentionally designed to deliver culturally relevant topics, mentorship, and wellness focused education that provides young people and families with access to resources, guidance, and exposure many of us did not have growing up.

AGE GROUPS REACHED: YOUTH AGES 6 TO 24

Programming reached a wide developmental range, **supporting elementary age students through college aged young adults with age appropriate mentorship, wellness education, and leadership development**.

150 PLUS FAMILIES AND CAREGIVERS ENGAGED

DT Cares believes in the power of the ecological model and the importance of **supporting the whole child**. Beyond prioritizing youth, our work intentionally **engages families and caregivers to strengthen support systems, reinforce positive outcomes, and create lasting community impact**.

— 2025 QUARTERLY HIGHLIGHTS —



— REFLECTIONS & GRATITUDE —

“DT Cares has demonstrated a strong and consistent commitment to the holistic growth and well being of students through mentorship, leadership development, community engagement, and whole child programming.”

**THOMAS ANDERSON
SUPERINTENDENT, EAST HARTFORD PUBLIC SCHOOLS**

“DT Cares has become a trusted partner in our district, demonstrating professionalism, cultural responsiveness, and a deep understanding of the social and emotional factors that influence student success.”

**DR. NOHA ABDEL HADY
ACTING SUPERINTENDENT OF SCHOOLS, WINDSOR PUBLIC SCHOOLS**

“DT Cares delivers high impact youth mentorship, preventive wellness programming, and family engagement services that strengthen families, improve well being, and close long standing equity gaps.”

**SENATOR SAUD ANWAR
CONNECTICUT STATE SENATE, 3RD DISTRICT
PHYSICIAN AND PUBLIC HEALTH ADVOCATE**

DT Cares is entering 2026 focused on deepening impact, strengthening partnerships, and expanding access to mentorship and wellness programming for youth and families across Connecticut.

Gratitude

DT Cares extends heartfelt gratitude to our donors, partners, schools, families, and community supporters who continue to believe in this work. Your investment makes it possible for us to show up consistently, create safe and empowering spaces, and be who our young people need growing up.